

Open Water Diver

During training the depth limit is 20 metres for adults and juniors 14 and over (this is also the max depth once qualified); 15 metres for juniors 12-14 (also the max depth once qualified). This is the highest qualification grade achievable before age 16.

	Lectures	Date	Signature
OWL01	Oxygen Provider		
OWL02	Dr ABC		
OWL03	Basic First Aid		
OWL04	Ancillary Equipment		
OWL05	PDC Diving		
OWL06	Repetitive Diving and Diver Behaviour		
OWL07	Deep Diving		
OWL08	Diving Risk Assessment		
OWL09	Dry Suit Diving		

	Open Water Dives	Date	Signature
1	Four to be determined by the Club DO		
2			
3			
4			

	OWS2 Open Water Skills	Date	Signature
a	Assemble, test and fit SCUBA		
b	Perform buddy checks and bubble checks		
c	Safe entry, buoyancy control and method of descent		
d	Clear mouthpiece and mask. Repeat 3 times		
e	Demand valve recovery: i over-shoulder-reach method ii lean-and-sweep method		
f	Fin 50 metres on the surface fully kitted with SCUBA and weight belt and breathing via a snorkel		
g	Correct surface procedure to exit the water. At surface remove SCUBA and weight belt and hand to assistant		
	OWS2.1 SAA Ascent Procedure	Date	Signature
	Use a shot or anchor line; maximum 10 metres per minute		
	OWS2.2 Buoyancy Skills	Date	Signature
a	Pre-dive checks		
b	BCD inflation/deflation on land using the power inflator and dump valves		
c	Mini-cylinder operation on land (where fitted)		
d	Adjusting in-water buoyancy at the surface, with cylinder at 50 bar		
e	Swim attitude adjustment		
f	Venting a BCD to descend slowly, using appropriate hand signals, including responses		
g	Use the BCD underwater to compensate for changes in buoyancy – while wearing a wet suit and with a heavy object		
h	Buoyancy control using only the lungs		
i	Hovering in mid-water – simulating a Safety Stop		

Ilkeston and Kimberley Sub-Aqua Club (IKSAC)

Name: _____

	OWS2.3 Out-of-air diver recovery	Date	Signature
a	Change over to own AAS (signal buddy to terminate dive)		
b	As donor, fin 25 metres		
c	As receiver, fin 25 metres		
	OWS2.4 Dry suit – Demonstrate:	Date	Signature
a	Competent use of dry suit		
b	Complete buoyancy control		
c	Ascent control		
d	The ability to correct an inversion		
	Practical Assignment (in the pool)	Date	Signature
	Using SCUBA equipment, demonstrate line cutting underwater. Use 3 types of line: standard line used by divers for DSMBs, mono-filament fishing line and 13 mm rope		

	OWS2.5 Examination (OWX)	Date	Signature
	Pass mark 80 %		